

## The Greater Ogdensburg Chamber of Commerce & Ogdensburg Volunteer Rescue Squad

## 2019 Polar Bear Plunge

**Polar Bear Participant:** \_\_\_\_\_

**Team/Group Name:** \_\_\_\_\_

**Address:**\_\_\_\_\_ **City**\_\_\_\_\_ **State**\_\_\_\_ **Zip**\_\_\_\_\_

**Phone:** \_\_\_\_\_ **E-Mail** \_\_\_\_\_

[illegible]

(Please fill out all info and print clearly)

**Total Amount Raised**                      \$ \_\_\_\_\_

**Please Make Checks payable to Ogdensburg Chamber of Commerce**

### Registration fee if no pledges

**\$50.00**

**Please include all cash and/or checks with form**

<b>Grand Total</b>	<b>\$</b>
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REGISTRATION BEGINS 11 AM Saturday, March 9, 2019  
Dobisky Visitor's Center, 100 Riverside Avenue, Ogdensburg, NY 13669

SPONSOR	ADDRESS	CITY	ZIP	\$AMOUNT

**Waiver:** The GOCC and OVRS intends to hold the Polar Bear Plunge Event on Saturday, March 9, 2019.

I, along with others, will be provided with the opportunity to participate in the Polar Bear Plunge Event, which will include entering and swimming in the St. Lawrence River. There are health risks associated with going into the river. The temperature of the water and the surrounding environment may be extremely cold. I understand that I should consult with my physician prior to engaging in this event. I understand that individuals who are pregnant, have poor cardiac functioning, are in poor health, are intoxicated, or suffer from seizures should not participate. I acknowledge such risks and voluntarily assume all risks associated in any way with participation in the Polar Bear Plunge Event. Further, I confirm that my choice to participate in the Polar Bear Plunge Event is a free and informed choice. I further acknowledge that the Polar Bear Plunge Event may be photographed, filmed and or/videotaped.

NOW THEREFORE IN CONSIDERATION of participation in the Polar Bear Plunge Event, and other good and valuable consideration, the receipt and sufficiency of which is hereby acknowledged, I, on behalf of myself, my heirs, successors and assigns, hereby release and forever discharge the Greater Ogdensburg Chamber of Commerce and the Ogdensburg Volunteer Rescue Squad and their affiliates, associates, respective officers, directors, employees, volunteers and their successors and assigns jointly and severally from any and all actions, causes of action, contracts and covenants, claims and demands, whether express or implied for damages, indemnity, costs, interest, loss or injury of every nature and kind whatsoever and howsoever arising which I heretofore may have had, may now have or may hereinafter have in any way relating to injuries or damages suffered by me or to my property, as a result of my participation in the Polar Bear Plunge Event. I also understand that I must be over the age of 12 years old to participate and have a parent or guardian's signature below.

**SIGNATURE**\_\_\_\_\_

**By signing this form I acknowledge that I have read and understood the above waiver**

Parent or Guardian must sign for participants under the age of 18\_\_\_\_\_




